



Dovercourt Community League E-News

March 2021

What's Happening:

NEW: Community Easter Egg Scavenger Hunt

NEW: Recipes and Wine Pairings

March 9: Community League Meeting @7pm

Fill out a survey and help us plan future events

Rink open (for now) 7 days a week -
Dovercourt & Sherbrooke rinks

Community Garden Group

Help build the league

Urban Pole Lending Available

The Buy Nothing Project

Plan ahead - be a vendor at next year's
Christmas Craft Fair

Online classes, speakers, book clubs offered
through the Woodcroft Library

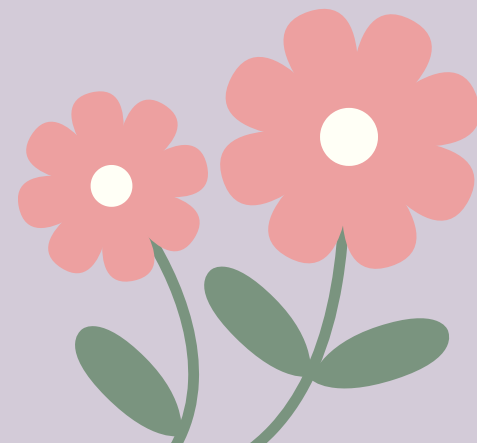
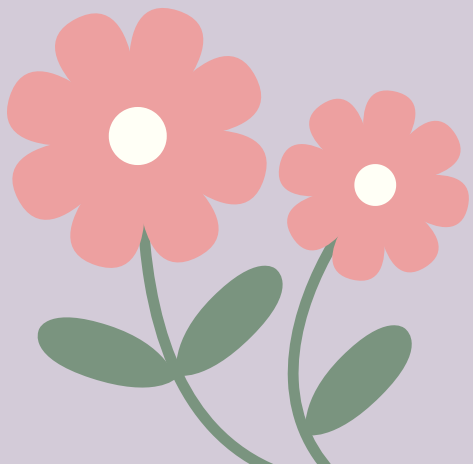
*Thank you for the lovely
notes pinned on the rink!*



**DOVERCOURT COMMUNITY
EASTER EGG HUNT**

**DECORATE AN EASTER EGG AND PLACE IT IN
YOUR WINDOW FOR A COMMUNITY SCAVENGER
HUNT!**

The Hunt Starts March 22nd - Add your
address and a note or clue for your egg in your
window!! Sign up [here](#)! Egg Hunters- Watch for
more details!



President's Corner



Greetings Neighbours,

I hope that by the time this reaches you we are well into fairer weather and happier times. I write this at the tail end of 2 weeks of sub arctic weather- you'll recall early February?

The great thing about a cold February is the assurance that **warmer weather and Spring are just weeks away**; we have survived the cold and better days are ahead. I suppose that is much like any situation, we must persevere and keep hope alive. I guess we must have a tough time to appreciate a good time; without a bad day what is a good day?

Personally, I have found this winter very challenging, I am sure most have. I have been lonely, I miss my usually active life coaching soccer, having community league meetings, enjoying a few coolies with friends, seeing my kids, these small joys have been dialed back to the point I have friends with whom I have not had contact in almost a year. Some of my best nights have been snuggled up with my new best friends Jamie and Claire ("Outlander" on Netflix -wowers! I recommend it for 5 seasons of binge watching). My situation is not unique, I know many of you are experiencing similar things.

On the other side of the coin are the folks with younger family members, homeschooling, without their beloved sports, without the wonderful friend distractions for the kids, I imagine our little bundles of joy may sometimes be less joyous. Add to that a remarkable lack of adult interaction and we all feel a bit lonely these days. I am sure Little House on the Prairie seems a very romanticized aspect of early pioneer life, they survived, as will we, and thankfully we have video games, the internet and television.

Spring is coming, and that is something to look forward to. We probably have a few short weeks of fairer weather before the snow melts and the yard work begins. even though I have often felt that I would rather peel my fingernails off than rake, I feel differently this year; I think a good raking is what my yard needs. It's not too hard and builds character, yes that's what I'll say to myself, "good character builder!" (what I really mean is better for me than chips and the next Netflix program).

There was an opportunity to **skate and dance at the rink on February 20, the Ice Disco**. The Social Committee worked hard to find a family event that respected current limitations - and offered a skate amidst music and some extra lights to give winter a send -off. The rink has been well- used all year for skating but sadly due to AHS regulations and our proximity to a road we were unable to open it up for hockey, sticks and pucks. Skating is still a big part of hockey so I hope that the hockey folks came for a skate at least. We were, and are fortunate to have a great friendship and alliance with Sherbrooke which has a larger rink facility and who have allowed some sticks and pucks if not games on their ice. We are lucky to have both options.

A very special thanks to the OILERS FOUNDATION who gave us a pretty good- sized grant to help with the costs of running a rink in these tough times. With a very limited community budget and minimal income it was very welcomed. I believe that $\frac{1}{4}$ - $\frac{1}{2}$ of the rinks available in the City were not open this year due to the costs and difficulties associated with running them safely so I am very proud we were able to do so this year. Next year we have a few more ideas if restrictions come into play again. Also, **thanks to those of you who purchased Community League memberships**, I know we haven't had as much to offer by way of organized sports or activities but our costs have not gone down. The support is appreciated. We will continue to strive to offer what we can and continue to exist so that when possible, we will be ready to jump back into business. We actually have a **survey that has just come out** inquiring about ideas of what we can do virtually or in person and what you may want to see happen or help make happen. We are always looking for ideas and helpers, even doing as little as we currently are takes a lot of work.

Getting out and about a bit more has opened my eyes to the fact that Donkeys apparently are not staying home and isolating. I always wonder as I watch some vehicles zoom by at Mach 1 where the fire is or why they are in such a hurry to get nowhere. I love taking my time driving for my weekly errands and just being out. I don't have a whole lot to do, and like the break from the quiet. So, **a few recent nominees for induction into the Dovercourt Donkey Hall of Shame:** Buddy 1. Don't buy the older Jeep Renegade? living east of the hall somewhere. Donkey boy doesn't shift very smoothly but insists on getting through all the gears on his one and a half block trip up to St Albert Trail- he's a double threat noisy and fast...con't on next page

League Update

President's Address con't... Buddy 2 The old Monte Carlo/ Le Mans 80's boat which loves zooming and then spinning around corners...why? The number of parked cars hit around the 'hood every year is pretty high, simple reason: speed and icy roads. Everyone misjudges occasionally, but then there are habits. Despite those 2 honourable mentions, my pick for Donkey Driver for Feb 2021 is the "Japanese SUV" green?, black? Hard to tell, needing a wash. I would love to have made eye contact as you rounded the corner but you were too busy on your phone. Speeding up and turning a corner while fully engaged with a text wins hands- down! You Sir are the donkey-driver this month!

Despite some selfish folks- I like to think visitors to our Neighbourhood- I am grateful for all I have: my family, friends and community. We have shown that we are a generous and thoughtful community, we have risen to many challenges and shown ourselves helpful and considerate to our neighbours. There are many people helping each other with errands, snow removal, even simple waves, the smallest gestures are important, we are all stressed, all a bit "off". Do your own extraordinary, ordinary thing, do something nice for someone else.

Stay hopeful, caring and strong, be patient, And a note I forgot, pick up after your dog!

See you in the 'Hood

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Highlights from Feb. 2021 Meeting:

- **Finance** - Laura is developing a budget so the costs of operations of the hall and rink are categorized. We will set up the ability to receive e-transfers very soon.
- **Hall** - Roof repair will resume when the deep freeze ends. Hall remains closed. We will refer all rentals to the Kirk Centre in the interim.
- **Social & Programs** - will launch a survey to see what we can/should offer into the spring and summer <https://www.surveymonkey.com/r/YD2CBYN>
- **Second Annual Christmas Fair** - Paula made initial contact with businesses to give everyone time to prepare their products. Fair to take place in November 2021.
- Previous minutes: <http://www.dovercourtcl.ca/league-info.html>
- **Next meeting: Tuesday, March 9 at 7 pm**

Planning for April

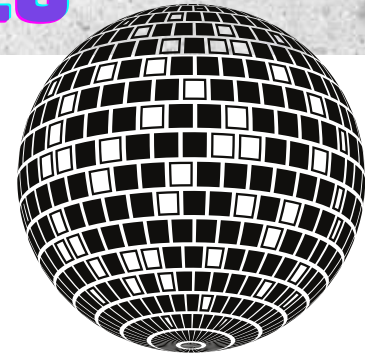
Our Annual General Meeting is **April, 13, 2021**. We're looking to set up a series of committees. This gives flexibility to join the board, volunteer regularly or to join in occasionally.

Do you have an interest or skill to share?

A background in these areas would be helpful - an hour phone coaching and brainstorming helps tremendously! Also a great way to get some work experience. You don't have to join to board - you can commit an hour to coach, volunteer at an event, or be on a committee!

- Organize the rink as a dog park
- Fundraising activities
- Civics
- Volunteer recruitment & management
- Newsletter & social media
- Skills and hobbies to share (programs)
- Maintenance and handyman skills
- Building partnerships
- Advertising & Sales
- Neighbourhood Watch
- Sports - organized or drop-in
- Planning and priorities
- Branding/logo development
- Website design & maintenance
- Photography to improve our communications
- Other?

DOVERCOURT ICE DISCO



Dovercourt Disco was a huge success!! Thank you to everyone who came out, signed in, and danced/skated the evening away!! We had some amazing costumes and the dance floor was on fire!!



Best adult outfit - Drew
Best child outfit- Madison
Best dance moves- Dorothea, Dylan & Keaton

Thank you to OK Tire (Groat Rd) for sponsoring the adult prize of a synthetic oil change and to the community board for prizes for the kids!! We hope to see you all again soon!!



Good day Dovercourt residents,

My name is Shannon and I am a current member of the Dovercourt board in the social director role. Over the last few months we have created the Parade of Lights & Community Food Drive, Dovercourt Bingo and Glove Drive for Operation Friendship Society and Dovercourt Disco. We have a passion for community and want to continue to create opportunities for our community to connect through engagement and on-line/virtual programs.

You are the heart and soul of this survey, and your answers are incredibly important to this community. Thank you for taking a few minutes to answer the survey.

<https://www.surveymonkey.com/r/YD2CBYN>

What's Happening

Buy Nothing!



Join here, and answer the 3 questions:
<https://www.facebook.com/groups/1025993821232354>

Editor's note: This site has brought a lot of much needed joy and connections among neighbours!

Come check out the Buy Nothing Project! You may give and receive, share, lend, and express gratitude among neighbours. You may even ask for anything you would like to receive for free or borrow.

"We are hyper-local gift economies in which the true wealth is the web of connections formed between people who are real-life neighbours."

Please join the group where you live so you can literally "give where you live." The Buy Nothing Woodcroft/Dovercourt/Sherbrooke/Blatchford includes the neighbourhoods of Woodcroft, Dovercourt, Sherbrooke, Blatchford and Prince Charles communities has over 200 members.



IS UNDERGOING SOME EXCITING CHANGES!!

This beautiful, heritage community centre in Dovercourt...

- Is open for rentals of many kinds including:
- sport groups, weddings and funerals, markets, theatre, concerts, worship, dance, music classes
 - mental and physical wellness groups
 - office space for businesses, licensed kitchen for caterers
 - childrens groups

Contact: 780.438.6619 kirkucentre@gmail.com kirkucentre.com

KIRK CENTRE

We are an inclusive, accessible, non profit organization here to serve the needs of the community

13535 122 Avenue, Edmonton, AB - kirkucentre.com



OK Tire pleased to partner with Edmonton's Food Bank for our first ever **food drive**. Stop by at 11703 Groat Road with any non-perishable donation to help reach our goal of 100 pounds of food by the end March. If you leave us your name and phone number when dropping off a donation, we'll enter you into a draw to win a brand new dashcam! No catch -- but we'd be grateful if you could share this to help us, help our city.

Woodcroft Library

Due to the provincial restrictions, the Edmonton Public Library (EPL) has continued to be closed to the public, but staff are providing select services:

- Library Takeout is curbside service of customer holds – more information is [here](#).
- Personal Pick Packs is a staff selected bag of material, based on customer requested type or theme – more information is [here](#)
- EPL partners and special guests are presenting [online classes and events](#), such as [Featured Speakers](#), [Book Clubs](#) and more. Customers who are unable to access the library physically may be eligible for our [ep2you](#) service where staff can select and/or deliver materials
- Don't hesitate to call the Woodcroft branch at 780-496-1830 for assistance or information. Located at 13420-114 Ave.



In Our Community

Join Scouts



REGISTRATION OPEN

**Scouts Canada Programs
for boys, girls and young adults.**

Beaver Scouts (ages 5-7)

Cub Scouts (ages 8-10)

Scouts (ages 11-14)

Venturer Scouts (ages 14-17)

Rover Scouts (ages 18-26)

Volunteers (all ages welcome!)

join@scouts.ca

Scouts.ca

56th Kirk Scouts meet
weekly in Dovercourt
(Covid-19 restrictions in
place) Join us today!



It starts with Scouts.

Buy Local



We're in your
neighbourhood!

Support Local

REPAIR & INSTALLATION

Heating & Cooling

Indoor Air Quality

Plumbing & Drains

SPECIAL OFFER! No dispatch
fee or travel time for
Dovercourt residents.
\$69 Value

587-772-4050

You can also Schedule Online:
www.TradeMastersMechanical.com



A reminder that our
community business
directory can be found
below. Add your business
to the list, contact
info@dovercourtcl.com
[http://www.dovercourtcl.c
a/local-business.html](http://www.dovercourtcl.ca/local-business.html)

Recipes and Wine Pairings

7Degrees Wine | Beer | Spirits is offering an Easter wine special for Dovercourt Community League members.

3 bottles of Lou Gat wine (any combination of white, rose, or red) for \$55.50 in a gift bag, a savings of \$7.00) Pre-order only by March 27.

Pick up any time after March 30th. Order at (780) 756-8380 Penny & Chris

Thanks to Daniel Huber for these recipes. Did you know our Programs Director is an amazing chef? See the end of the newsletter for more recipes! Share photos of your dinner!

Chicken Fricassee:

Pairs perfectly with a bold White Wine

Ingredients:

Sea salt·	extra virgin olive oil·
freshly ground black pepper·	1 yellow onion , peeled and finely chopped·
4 (quarters) Roaster Chicken·	2 whole cloves garlic , peeled and finely sliced·
1 small handful fresh parsley	½ heart celery , trimmed back and finely sliced·
leaves picked, stalks kept·	2 good knobs butter·
1 bunch fresh tarragon ,leaves picked, stalks kept·	2 wineglasses crisp white wine·
4 teaspoons wholegrain mustard·	600 ml organic stock·
2 heaped tablespoons plain white flour·	3 gem lettuces , quartered·
	1 small bunch seedless grapes , washed and halved

Method

1. Preheat the oven to 180°C/350°F/gas 4. Season your baby chickens inside and out and stuff each of them with the parsley and tarragon stalks. Using your forefinger, carefully part the skin from the breast meat and smear a teaspoon of wholegrain mustard into each bird. Rub the flour all over the chickens so they are covered in a thin layer. Keep any flour that falls off.
2. In a snug-fitting casserole-type pan, fry your chickens in 3 good lugs of olive oil on all sides for 10 minutes until golden. Remove them to a plate and then fry off the onion, garlic and celery in the pan. Add the butter and spare flour and continue to fry for about 4 minutes, scraping off any goodness that is on the bottom of the pan. Add your 2 glasses of white wine and allow the liquid to reduce by half, then put the chickens back into the pan. Now pour in your stock – it should come to about half-way up the chickens. Make yourself a cartouche. Wet it so it's flexible then tuck this in and around the pan.
3. Place in the oven and cook for around 50 minutes to an hour until the chickens have crisp skin and the thigh meat falls off the bone. Remove the chicken to some nice serving bowls – ones that can hold a bit of sauce – and place your pan back on the hob. Add the lettuces, grapes, parsley leaves and tarragon leaves and simmer for a couple more minutes. Correct the seasoning carefully and spoon this sauce next to the chicken.



Upcoming Events and Initiatives



Ideas for Programs and Events? Fill out our Survey!

Let us know, contact programs@dovercourtcl.com or social@dovercourtcl.com to share your ideas or talents!

<https://www.surveymonkey.com/r/YD2CBYN>



Dreaming of Gardening?

We have a community garden where you can rent a plot, and benefit from advice from master gardeners! Contact garden@dovercourtcl.com
Want to share seeds, seedlings, crops? Contact info@dovercourtcl.com and let's see how we might collaborate!



Walking Poles Available

We have 3 sets available thanks to a loan from the Edmonton Federation of Community Leagues. Contact Nadine, holisticnutrition4you@gmail.com



Grocery and Prescription Pickup

If you're unable to enter stores due to self-isolation and/or health concerns, a number of neighbours are willing to assist. Contact Daniel at 780-901-4552



Dovercourt Christmas Craft Fair (2nd annual)

This year we will be featuring all the local businesses that wish to participate. Everything from baked goods, homemade preserves, handmade crafts will be featured as well as local businesses and artisans.

WHEN: NOVEMBER 20, 2021

LOCATION: TBD

If you would like to be a vendor, please email Paula at dclcraftfair@gmail.com

Vendors will be charged a minimal fee for table rentals with all proceeds going to the Dovercourt Community League. A \$2.00 admission fee will be charged to all patrons 12 yrs and up.

Night Sky Creations

We are a brother/sister team learning to run our own business. Custom resin products:
dog tags, cat tags, necklaces or key chains!
Working to get good enough to enter the craft fair. March is special practice rate:
\$4 each item or 2 for \$7!
nightskycreations@protonmail.com or text 780-945-7699. See our work  [ennsennharris](https://www.instagram.com/ennsennharris)

Recipes con't

Teriyaki Salmon

Pairs well with crisp Rose

Ingredients:

1 clove of garlic·
1 x 3 cm piece of ginger·
1 lime·
3 tablespoons low-salt soy sauce·
1 tablespoon warm honey·
1 teaspoon groundnut oil·
2 x 120 g salmon fillets , scaled, pin-boned·
1 tablespoon sesame seeds

Method

1. For the marinade, peel and crush the garlic into a shallow bowl. Peel and finely grate in the ginger, followed by the zest of half the lime.
2. Next, add the soy, juice from half the lime, the honey and oil and mix together well.
3. Preheat the grill to medium and line a baking tray with tin foil.
4. Check that there aren't any stray bones lurking in the salmon fillets, then cut them up into 2.5cm cubes. Toss them in the marinade and leave for around 10 minutes to absorb the flavour.
5. Thread the salmon onto 2 large or 4 small skewers (soak them first, if wooden), but don't push the pieces too tightly together, then place onto the tray.
6. Grill for around 8 to 10 minutes, or until beautifully glazed and cooked through, turning regularly and brushing with leftover marinade.
7. Toast the sesame seeds (if using) in a dry non-stick frying pan until golden, then tip onto a plate and leave to cool.
8. Once cooked, transfer the skewers to a plate and sprinkle with the toasted same seeds (if using), dunking the cubes of salmon in any that escape onto the plate.
9. Cut the remaining lime into wedges for squeezing over. Delicious served with plenty of greens and brown rice or noodles.

Recipes con't

Braised Short Ribs

Pairs well with a full bodied, wet Red Wine

Ingredients

4-6 whole beef short ribs
Kosher salt and pepper, to taste
1/4 c. all-purpose flour
6 Thick cut pieces pancetta, diced
2 tbsp. olive oil
1 whole medium onion, diced
3 whole carrots, diced
2 whole shallots, peeled and finely minced
2 c. red wine
2 c beef broth (enough to almost cover ribs)
2 sprigs thyme
2 sprigs rosemary

Method:

Salt and pepper ribs, then dredge in flour. Set aside.

1. In a large dutch oven, cook pancetta over medium heat until complete crispy and all fat is rendered. Remove pancetta and set aside. Do not discard grease.
2. Add olive oil to pan with the pancetta grease, and raise heat to high. Brown ribs on all sides, about 45 seconds per side. Remove ribs and set aside. Turn heat to medium.
3. Add onions, carrots, and shallots to pan and cook for 2 minutes. Pour in wine and scrape bottom of pan to release all the flavorful bits of glory. Bring to a boil and cook 2 minutes.
4. Add broth, 1 teaspoon kosher salt, and plenty of freshly ground black pepper. Taste and add more salt if needed. Add ribs to the liquid; they should be almost completely submerged. Add thyme and rosemary sprigs (whole) to the liquid.
5. Put on the lid and place into the oven. Cook at 350 for 2 hours, then reduce heat to 325 and cook for an additional 30 to 45 minutes. Ribs should be fork-tender and falling off the bone. Remove pan from oven and allow to sit for at least 20 minutes, lid on, before serving. At the last minute, skim fat off the top of the liquid. (Can also refrigerate mixture, then remove solid fat from the top.)

Contact Us!

DOVERCOURT CONTACT LIST

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Dovercourt Community Garden	Sandy Maclean	garden@dovercourtcl.com http://www.dovercourtcl.ca/garden.html
Urban Poling loans	Nadine Chajkowski	holisticnutrition4you.com



Dovercourt newsletter is moving to hard copies to every 2 months

We will continue to offer a monthly e-news update from September to June.

Next Submission Deadline: March 20

Contact: news@dovercourtcl.com

New advertising rates with greatly reduced rates for community league members:

<http://www.dovercourtcl.ca/newsletters.html>

We also have an active community on

Facebook @DovercourtCommunityLeagueOne and on the Nextdoor app